COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

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RISK ASSESSMENT

Instructions: Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals.

Past 3 Months		Suicidal and Self-Injurious Behavior	Lifetime	Clinical Status (Recent)	
		Actual suicide attempt			Hopelessness
		Interrupted attempt			Major depressive episode
		Aborted or Self-Interrupted attempt			Mixed affective episode (e.g. Bipolar)
		Other preparatory acts to kill self			Command hallucinations to hurt self
		Self-injurious behavior without suicidal intent			Highly impulsive behavior
Suicidal Ideation				Substance abuse or dependence	
		Check Most Severe in Past Month			Agitation or severe anxiety
	Wish to be dead			Perceived burden on family or others	
	Suicidal thoughts with method (but without specific plan or intent to act)				Chronic physical pain or other acute medical problem (HIV?AIDS, COPD, cancer, etc.)
	Suicidal thoughts				Homicidal ideation
	Suicidal intent (without specific plan)				Aggressive behavior towards others
	Suicidal intent with specific plan				Method for suicide available (guns, pills, etc.)
Activating Events (Recent)					Sexual abuse (lifetime)
Recent loss(es) or other significant negative event(s) (legal, financial, relationship, etc.)			vent(s) (legal,		Refuses or feels unable to agree to safety plan
Describe:				Family history of suicide (lifetime)	
		Pending incarceration or homelessness		Protective Factors (Recent)	
		Current or pending isolation or feeling alone			Identifies reasons for living
Treatment History					Responsibility to family or others; living with family
		Previous psychiatric diagnoses and treatments			Supportive social network or family
		Hopeless or dissatisfied with treatment			Fear of death or dying due to pain and suffering
	Non-compliant with treatment				Belief that suicide is immoral; high spirituality
	Not receiving treatment				Engaged in work or school
Other Risk Factors					Other Protective Factors
Describe any suicidal, self-injurious or aggressive behavior (include dates)					