



PARENTING RESOURCES

SEX: TOP CHALLENGES & QUESTIONS

During the Introduction to Theology of Sex, we asked all of our high school small groups to tell us what the 2 biggest challenges were to following Jesus with their sexuality. Then the groups also came up with the 2 biggest questions about sexuality that they want answered before the end of the series.

TOP CHALLENGES

Girls

- **#5**
Unrealistic expectations because of media
Being bombarded with cultural sexual images; Ignorance of what the bible says about cultural norms (i.e. Does the Bible address things like abortion, dating, and modesty?); Expectations for relationships based off movies, tv, music, etc.
- **#4**
Allowing guys to pressure you into things to achieve self worth and value
Struggle to feel desired and how sex plays into that; Wanting attention from boys and doing things to attract them; Using my sexuality to get attention.
- **#3**
Physical boundaries with boyfriend
Maintaining virginity; Why wait until we're married?

Dealing with pride and judgment towards those who are sexually experienced
Accepting people who are struggling with homosexuality and moving towards people with different values.
- **#2**
Trusting God with season of singleness
Daily challenge and commitment of living with sexual integrity.

Modesty
Finding value in appearance

- **#1**
Distraction of cute guys and pressure to date

Integrity vs. rules

Emotional attachment in dating

Guys

- **#4**
Controlling your actions
Smartphone access 24/7, internet pop-ups; control of situation; masturbation; pornography
- **#3**
Finding godly sources of pleasure
Sense of satisfaction; want sex; instant gratification

Controlling your thoughts
How easy it is to have impure thoughts; easy access to get a quick-fix from worldly pleasure
- **#2**
How to effectively resist desires of the flesh
Struggle in seeking affirmation from girls; want to know and believe God's love is enough, but so hard
- **#1**
Temptation
Taking lightly the sinfulness of impurity (jokes, media, songs).

Arrogance
Can we unpack that more?

How do we witness to an "anti-christian" culture?

TOP QUESTIONS

Guys & Girls

- **#5**
What does a healthy high school dating relationship look like? What does the Bible say about it and how it should look? What is the "line" for physical/emotional connection in dating?

- **#4**

How do you pursue a girl without lust? Where do we draw the line between lust and an appreciation for sexuality in the early stages of a relationship? What is lust?

- **#3**

What is the definition of sexual integrity and what does it look like? What is the difference between sexual purity and integrity?

Why is sex so prevalent in our world, and how do we change our desires/behavior when it is everywhere? How do we stay pure in situations where you can't leave or get away from it (team bus, vehicle, classroom, home)?

How do we show Christ's love to homosexuals but not accept their sin/lifestyle? What does the bible say about homosexuality? Is homosexuality a choice?

- **#2**

What constitutes sexual activity? What all does sex entail (not just the act-intimacy, purity, holiness, etc.)

How do we as Christian females relate to guys as friends in Christ? If two people like each other but don't want to date, how do they keep sin out of the relationship?

Biblically, where did the idea of sex after marriage originate?

What are some ways to fight sexual sin? When you are tempted, how do you find pleasure in God?

Why won't God just fix the sin we struggle with? Why do we struggle so much?

- **#1**

Why won't guys just ask a girl out?

How do you explain purity, dating, and homosexuality to friends?

What constitutes modesty?

Is it sinful to dwell on thoughts about marital sex,

and if so, what should we be filling our thoughts with instead?

How far is too far?

How does sex impact a relationship?

What is the process of coming out of sexual sin?