

Protector - Family Lesson 3

Divine Attribute: God is Protector

Heart Response: Rely on him

Memory Verse: 2 Samuel 22:2 GNT “The LORD is my protector; he is my strong fortress.”

Points of Emphasis:

1. God is always with us.
2. We can trust God to take care of us.
3. We can rely on God to protect us and keep us safe.
4. God wants us to be friends who protect each other.

Family Worship

Gather your family and play the [worship video](#) found on the curriculum resource page! Have fun, sing loud, and follow along with the motions!

Memory Verse

Supplies:

[Memory verse video](#)

Optional printed memory verse poster

Open your Bible to 2 Samuel 2:22. Show your child that this is where we find today’s verse in the Bible. Watch the memory verse video together. If you printed the memory verse poster, display it for your child to see. Practice the verse and motions with the video. Then, practice it as a family. Consider saying it in funny voices or as you stand, hop, or do other fun motions. Maybe even try making it a song!

Bible Lesson

***Note to - the lesson is written to be read like a story. Read the bold words aloud. The words in parenthesis give direction to pause, allow for response, or read Scripture.*

Supplies:

Bible (1 Samuel 17)

Ping-Pong ball (if available)

Last week, we learned about a shepherd boy in the Bible named David. God took care of him and protected him while he took care of sheep. David learned to rely on God’s strength and protection when he was a shepherd protecting his sheep from lions and bears.

This week, we’ll learn about how God protected David when he had to do something very hard. **Have you ever been scared to do something?** (Ask your child to tell you about a time they have been afraid.)

At this time, David is a boy, and God’s chosen people have a big enemy. Their enemy is the Philistine army. The army of God is standing on one hill with the army of the Philistines on another hill. The Philistine army, which is NOT the army of God, has a soldier named Goliath. He is a giant. He tries to scare God’s people.

Goliath is over nine feet tall. He is as tall as this ceiling! That is taller than anyone we have ever seen. Let’s stand up and stretch to see how tall we can be! (Stand up with your child and have them reach way up high, then have them sit back down.)

Goliath isn’t just tall—he wears a coat of armor that weighs 125 pounds! He also carries a huge spear with an iron point at the tip and wears a bronze helmet on his head. People are terrified of him. Goliath says he wants God’s army to send one soldier to fight him. If the soldier from God’s army wins, the Philistines will serve God’s people. If Goliath wins, God’s people will serve the Philistines. All of the soldiers of God’s people are too afraid to fight. So Goliath comes out every day for 40 days to say the same thing. Even the king of God’s people is too scared to fight Goliath. Can you show me a scared face?

David, who is still a shepherd, goes to the hill where the army of God is staying. David hears

about Goliath, and he tells the king that he will fight Goliath. The king replies, “You aren’t able to go out there and fight, you are too young and Goliath has been fighting ever since he was a boy.” David tells the king that God will protect him. Do you remember last week when we heard about God protecting David when he killed the lions and bears? (Let your child answer.) **That’s right! God protected David and saved him from the paws of lions and bears. He tells the king that he knows God will also protect him from the powerful hand of this Philistine because he has protected him from the paws of bears and lions.**

So the king dresses David in his own armor, but it is too heavy for David to walk around in. So David takes off the armor and picks up his slingshot and five small stones, placing them in his bag. Do you know what a ping pong ball is? The rocks might have been close to that size. (Hold up the Ping-Pong ball.) **Goliath starts to make fun of David for thinking David is going to fight him with only a slingshot. But David says to Goliath, “You come to fight me with a sword, a spear, and a javelin. But I’m coming against you in the name of the Lord who rules over all. This battle belongs to the Lord.”**

As Goliath moves toward David to attack him, David takes one of the stones and runs toward Goliath! He flings that little stone into the air, and do you know what God does? God helps David throw that stone and hit Goliath right on the forehead! Goliath falls with that first stone! **God protected David and helped him. God is stronger than any giant. God is stronger than any problem or hard thing we face. He knows what we need, and if we rely on him and ask him to help us, he will.**

Prayer

Dear God, thank you for loving us. Thank you for protecting us and helping us when we have hard things to do. Thank you for always being with us. We love you! Amen.

Coloring Sheet

Supplies:

Coloring sheet (found on [Kids Resource Page](#))

Crayons

Have your child color the picture. They can cut Have your child color the picture. While your child is coloring, consider asking them the review questions below. These questions can also be saved for conversations over dinner or while driving.

Review Questions

1. **Can God help us when we have to do hard things?** (Yes.)
2. **Is God near us when we are afraid?** (Yes.)
3. **Why does God help us with hard things?** (Because he loves us.)
4. **How was David able to fight Goliath?** (Because God was with him and David fully relied on God and knew God would protect him.)
5. **What kind of armor did David wear when he fought Goliath?** (None. He relied on God and did not wear any armor.)

Optional Additional Activities

Ball Toss

Supplies

Basket or large bowl

Small ball

Masking tape

Have your child stand behind a line on the floor made of piece of masking tape. Place the basket close to your child and ask your child to toss their ball into it. After they take a turn, move the bin farther away. Move the bin farther away after each toss. Talk to your child about what they just did. **That was really hard, wasn’t it? Sometimes we have to do hard things, but God is always with us. When we rely on him and stay close to him, he will protect us and give us the strength to get through anything.**

