

Situations Guide

1. Your father is taking your brother out for some one-on-one time this weekend and you want to go. Instead of allowing you to come, your father asks you to stay at home and help your mom clean the house. You stay and help your mom, but you complain and cry the whole time about how unfair it is that you can't go with your father and brother. [selfish heart]

2. One of the girls in your class is having a birthday party at Frankie's Fun Park. You have never really talked to her, but you start being really nice to her, hoping that you will be invited to her birthday party and can finally go to Frankie's Fun Park. [selfish heart]

3. It's Friday, the day you get your allowance. Your parents asked you to clean your room this morning, and so you clean it really well because you are afraid that you won't get your allowance if you do not clean it well. [selfish heart]

4. Your little brother starts playing with your favorite toy, but you want it back. You push him down and take your toy. After finding out what happened, your parents make you apologize to your brother. You obey and apologize, even though you think that he deserved it and you are really not sorry for pushing him. [selfish heart]

5. You have a friend over to play at your house and your younger sibling is very interested in playing with you and your friend. You know it would mean a lot for your sibling to be included so you are happy to invite them to come play with you and your friend. [serving heart]

6. You feel tired at school today but notice a new student who just moved to the area who seems uncomfortable. You pursue him and invite him to sit by you at lunch and play with you during recess. You ask him about his interests, family, and friends. You introduce him to other students and show them around the school. [serving heart]

7. It's your turn to clean off the table after dinner. Even though you knew it was your turn all day long, you are mad that you have to do it because your favorite TV show is on and everyone else gets to watch it. You clean off the table, but you are mad the whole time you are cleaning it off. [selfish heart]