

Holy - Family Lesson 5

Divine Attribute: God is holy

Heart Response: Repent

Memory Verse: Romans 6:23 “For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.”

Points of Emphasis:

1. Jesus is God’s Son.
2. Jesus is perfect and holy, but we are sinners.
3. Sin separates us from God.
4. Jesus came to save us from our sins.
5. We need to be sorry for our sin.

Family Worship

Choose your favorite songs from the [Spotify playlist](#) found on the curriculum resource page. Have fun, sing loudly, and follow along with the motions!

Memory Verse

Supplies:

[Memory verse video](#)

Optional printed memory verse poster

Open your Bible to Romans 6:23. Remind your child that this is where we find today’s verse in the Bible. Watch the memory verse video together. If you printed the memory verse poster, display it for your child to see. Practice the verse and motions with the video. Then, practice it as a family. Consider saying it in funny voices or as you stand, hop, or do other fun motions. Maybe even try making it a song!

Bible Lesson

***Note to - the lesson is written to be read like a story. Read the bold words aloud. The words*

in parenthesis give direction to pause, allow for response, or read Scripture.

Supplies:

Bible (Matt. 28:1-8, Mark 16:1-8, Luke 24:1-10)

While we hear the lesson, listen for something about a stone and something that is empty. I will ask you at the end to see if you can tell me. (Open the Bible to Mark 16.) Today, our lesson comes from chapter 16 of the book of Mark in the Bible. Remember, last week we talked about Jesus’ friend, Joseph of Arimathea (ehr-uh-muh-THEE-uh), putting Jesus’ body in his tomb. The tomb was in a cave, and to seal the cave, a huge, heavy stone was rolled in front of the door so no one could get in. This stone was so heavy, it took several strong men just to roll it in front of the door. Then Pilate, the governor, had a seal placed on the tomb and guards stationed at the tomb.

On the third day after Jesus has died on the cross, Mary Magdalene, Mary (the mother of Jesus), and Salome bring spices and perfumes to put on Jesus’ body. They go just as the sun is coming up. As they walk there, they ask each other, “Who is going to roll away the stone from the door of the tomb for us?” But when they get there, the stone that sealed the door of Jesus’ tomb has been rolled back! They are able to get inside the tomb. When they go inside, there is a man in a long white robe sitting on the right side, and they are very surprised!

The man says to them, “Do not be surprised. You are looking for Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they lay him. Go and tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he said to you.”

The women quickly leave the tomb because they are so amazed. After that, Jesus appears first to Mary Magdalene, and she goes and tells the disciples that she has seen him. The disciples do not believe her, but later, Jesus appears to the disciples. When they see him, they believe!

Jesus appeared to the disciples and to others many times over the following few weeks and gave them instructions on what he wanted them to do. Then after 40 days, Jesus went to Heaven to be with God, the Father. He promised to send a special helper, the Holy Spirit, to live in our hearts. The Holy Spirit is the Spirit of God that lives in the heart of all those who ask forgiveness for their sins and ask Jesus to be their Savior.

Prayer

Father God, thank you for sending Jesus to this world to die for our sins and for raising him from the dead. We pray that everyone here will ask forgiveness for their sins and ask Jesus to be their Savior. Thank you for the Holy Spirit who helps us to live in a way that pleases you. Amen.

Coloring Sheet

Supplies:

Coloring sheet (found on [Kids Resource Page](#))
Crayons

Have your child color the picture. While your child is coloring, consider asking them the review questions below. These questions can also be saved for conversations over dinner or while driving.

Review Questions

1. **Did you hear about a stone in the story?** (A heavy stone was put in front of the door of Jesus' tomb to seal it. It was rolled back when Mary Magdalene, Mary the mother of Jesus, and Salome came to the tomb on the third day.)
2. **Why was the tomb empty?** (Jesus was no longer in the tomb when the women came to the tomb. The angel said he had risen!)
3. **Did Jesus appear to the disciples?** (Yes.)
4. **Where did Jesus go when he left this world?** (He went to Heaven.)
5. **Who did Jesus say he would send to help us?** (The Holy Spirit)

Optional Additional Activities

Build a Tomb

Supplies
Blocks

Have your child work to make a large tomb out of the blocks. Talk to them about how Jesus was taken to his tomb after he died, but he didn't stay dead. Have your child lie down in the tomb. Complete the tomb around the child lying down. Then, have your child close their eyes and count to three. Help your child lying down in the tomb to sneak out as you slowly count to three with them. Then, tell your child it is the third day and the stone was rolled away. Let them knock the tomb apart and see that the tomb is empty. Let your child cheer, "Jesus has risen!" or "Jesus is alive!"

